

# Immaculate Heart of Mary Lunch Menu

## March 2010

**Crispy Chicken Sandwich**  
will be offered as an entrée  
alternative **EVERY Tuesday**  
and **Thursday – except on**  
**Pizza Day!!**

**Monday, March 1**  
Baked Chicken Nuggets With  
Creamy Mashed Potatoes  
Vegetable Selection  
Fruit Selection

**Tuesday, March 2**  
Taco Salad *Or*  
Baked Chicken Sandwich  
Mexican Rice  
Cut Corn  
Frozen Sorbet

**Wednesday, March 3**  
Look...It's A Pasta  
Italian Spaghetti  
With Meatballs  
Garden Salad  
Frozen Dessert

**Thursday, March 4**  
Corn Dog *Or*  
Baked Chicken Sandwich  
Baked Colossal Fries  
Veggies & Dip  
Fruit Selection  
Dessert

**Friday, March 5**  
Cheese Pizza  
Fresh Veggie  
Fresh Fruit

*We would like to hear from  
you...*

*Please contact us with any  
questions, comments, and  
suggestions:*

[info@slamgmt.com](mailto:info@slamgmt.com)

## PIZZA FACTS

- We use the highest quality, nutritious and most recognized family owned pizza.
- Ingredients include low moisture skim mozzarella cheese, enriched wheat flour, and homemade crust.

**Monday, March 8**  
Chicken Tender Platter  
Creamy Mac N Cheese  
Seasoned Green Beans  
Fruit Selection

**Tuesday, March 9**  
Baked Potato  
With Toppings *Or*  
Baked Chicken Sandwich  
Garden Salad  
Fruit Selection  
Dessert Treat

**Wednesday, March 10**  
Breakfast For Lunch  
French Toast Sticks  
Lean Sausage Links  
Seasoned Potatoes  
Cinnamon Apples

**Thursday, March 11**  
Cheeseburger *Or*  
Baked Chicken Sandwich  
Baked French Fries  
Fruit Selection  
Oreo Pudding Cup

**Friday, March 12**  
Cheese Pizza  
Fresh Fruit  
Dessert

**Monday, March 15**

Student Holiday  
No Lunch Service

**Tuesday, March 16**  
Fiestada Personal Pizza *Or*  
Baked Chicken Sandwich  
Vegetables & Dip  
Fruit Selection

**Wednesday, March 17**  
Chicken Pasta Alfredo Bowl  
Garlic Breadstick  
Garden Salad  
Ice Cream Dessert

**Thursday, March 18**  
Fish Sticks *Or*  
Baked Chicken Sandwich  
Creamy Mac N Cheese  
Vegetables & Dip  
Fruit Selection

**Friday, March 19**  
Cheese Pizza  
Fresh Veggies  
Fresh Fruit

**Monday, March 22**  
Chicken Tender Platter  
Assorted Dipping Sauces  
Baked Colossal Fries  
Seasoned Green Beans  
Fruit Selection

**Tuesday, March 23**  
Soup, Salad & Sandwich  
Turkey Club Wrap *Or*  
Baked Chicken Sandwich  
Cup Of Soup, Tossed Garden Salad  
Fruit Selection

**Wednesday, March 24**

Look... "It's A Pasta"  
Three Cheese Baked Ziti  
Side Caesar Salad  
Garlic Breadstick  
Dessert Treat

**Thursday, March 25**  
Build Your Own  
Nacho Salad *Or*  
Baked Chicken Sandwich  
Rice and Vegetables  
Fruit Selection

**Friday, March 26**  
Cheese Pizza  
Fresh Veggies  
Dessert

**A beverage is included with each  
entrée.**

**Monday, March 29**  
Baked Chicken Nuggets With  
Creamy Mashed Potatoes  
Vegetable Selection  
Fruit Selection

**Tuesday, March 30**  
All Beef Hot Dog *Or*  
Baked Chicken Sandwich  
Baked Colossal Fries  
Veggies & Dip  
Fruit Selection

**Wednesday, March 31**  
Asian Express  
Teriyaki Chicken  
White Rice  
Broccoli Florettes  
Fruit Selection