

Immaculate Heart of Mary Lunch Menu

April 2010

Crispy Chicken Sandwich will be offered as an entrée alternative EVERY Tuesday and Thursday – except on Pizza Day!!

Spring Break Begins!

Thursday, April 1
No School
Spring Break

Friday, April 2
No School
Spring Break

Monday, April 5
No School
Spring Break

Tuesday, April 6
No School
Spring Break

Wednesday, April 7
No School
Spring Break

Thursday, April 8
No School
Spring Break

Friday, April 9
No School
Spring Break

Questions or Comments:
e-mail: info@slamgmt.com

Beverage included with all entrees

Monday, April 12

Crispy Chicken Nuggets
Crinkle Cut French Fries
Seasoned Vegetables
Chilled Fruit

Tuesday, April 13

Fiestada Personal Pizza
Freshly Tossed Side Salad
Chilled Fruit
Homemade Dessert Surprise

Wednesday, April 14

Homemade Baked Ziti
With Marinara Sauce
Freshly Tossed Garden Salad

Warm Garlic Breadstick
Frozen Dessert Surprise

Thursday, April 15

All Beef Hot Dog
Cheesy Mac & Cheese
Seasoned Vegetables
Fresh Fruit

Friday, April 16

PIZZA DAY
Cheese Pizza
Fresh Vegetables
Fresh Fruit

ANNOUNCEMENT

Starting in the 2010-2011 School Year SLA Management will be offering a Healthy Lunch Option everyday!

Look For More Information This Summer!

All SLA School Lunches

Meet Or Exceed

National School Lunch Daily Values For:

Protein
Fruits Or Vegetables
Dairy
Grain

To Learn More About Nutritional Content: Please Visit Our Website

www.slamgmt.com or visit www.mypyramid.gov.

Monday, April 19

Chicken Tender Platter
Cheesy Mac & Cheese
Fresh Vegetables With Dip
Selection Of Fresh Fruit

Tuesday, April 20

Soft Beef Taco
Mexican Rice
Seasoned Vegetables
Homemade Dessert Surprise

Wednesday, April 21

Jumbo Golden Waffle
Lean Sausage Links
Seasoned Tator Tots
Fruit Selection

Thursday, April 22

Triple "B" Burger
Baked Colossal Fries
Chilled Fruit
Dessert Surprise

Friday, April 23

PIZZA DAY
Cheese Pizza
Fresh Vegetables
Fresh Fruit

Monday, April 26

Crispy Chicken Nuggets
Creamy Mashed Potatoes
Seasoned Green Beans
Fresh Fruit

Tuesday, April 27

Jumbo Corn Dog
Cheesy Mac & Cheese
Seasoned Vegetables
Fresh Fruit

Wednesday, April 28

Chicken Teriyaki
Steamed White Rice
Broccoli Florettes
Fresh Fruit

Thursday, April 29

Grilled Cheese Sandwich
Cup of Soup
Freshly Tossed Salad
Frozen Dessert Surprise

Friday, April 30

PIZZA DAY
Cheese Pizza
Fresh Vegetables
Fresh Fruit

FUN FOOD TRIVIA!

Fast food restaurants use yellow, red, and orange because those colors stimulate hunger.

In supermarkets less costly items are often on bottom shelves, while more expensive ones are placed at eye level.

Studies have shown that slow background music can make a person eat food at a slower rate.

The first fruit eaten on the moon was a peach.

Carrots were first grown as a medicine. Food can only be tasted if it is mixed with saliva.

Eskimos use refrigerators to keep food from freezing.